Using Satir in Therapy, Education, and Life

Martha L. Morgan
Centering

- From Satir
    - PP. 38-39
Social Location

- Black/Mixed American
- US born
  - Southern Californian
  - Oklahoma, Texas, Arkansas, Georgia
- Cis-Female
  - Pronouns – she, her, hers
- Heterosexual
- Christian
- Daughter, Sister, Aunt, Wife, Friend

- Educated
  - BBA, M.Ed., MS, Ph.D.
- English speaking
- Middle Class
- Therapist
- Educator
- Mostly Able-bodied
Satir Connection

- Drawn towards hope and resilience
- Value deep connection
- Curious/Detective
- Communication
- IHLRN Conference in San Diego
Satir Application

- Dissertation
  - Interviewed participants to explore success among Black graduate students at PWI. Satir was used as the theoretical model guiding my study.

- Therapist
  - Make contact, instill hope, reconnect with resources, curiosity, openness

- Educator
  - Make contact, openness, instill hope, curiosity
Discussion of Change in Process

The Process of Transformational Change

Status Quo → Disruptive event → CHAOS!

Awareness of choices → Direction of choice? → Transformational idea

Transformed! → Practice to integrate

New Status Quo! → Yay! → Good job!
Small Group Discussion

- How has Satir’s teachings had an impact on how you connect in the various areas of your life?