



Using Satir in Therapy, Education, and Life

Martha L. Morgan



Centering

- From Satir

- Satir, V., Stachowizk, J., & Taschman, H.A. (1975). Helping families to change

- PP. 38-39



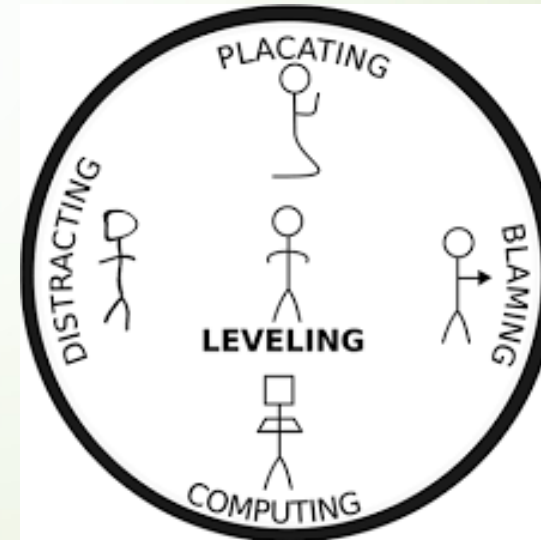
Social Location



- ▶ Black/Mixed American
- ▶ US born
 - ▶ Southern Californian
 - ▶ Oklahoma, Texas, Arkansas, Georgia
- ▶ Cis-Female
 - ▶ Pronouns – she, her, hers
- ▶ Heterosexual
- ▶ Christian
- ▶ Daughter, Sister, Aunt, Wife, Friend
- ▶ Educated
 - ▶ BBA, M.Ed., MS, Ph.D.
- ▶ English speaking
- ▶ Middle Class
- ▶ Therapist
- ▶ Educator
- ▶ Mostly Able-bodied











Satir Connection

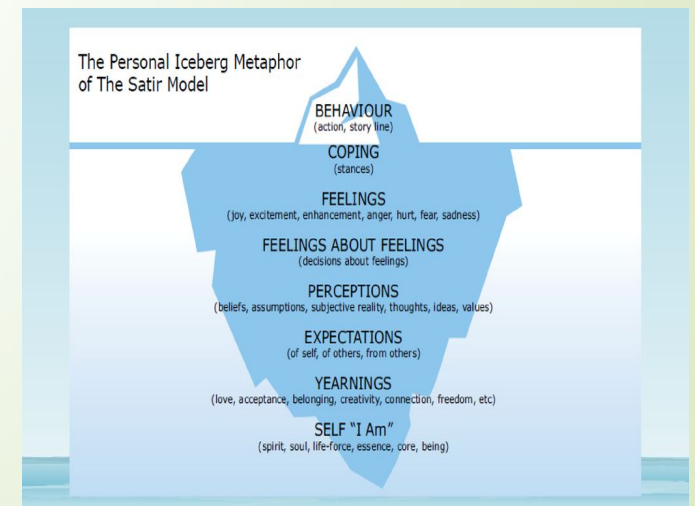
- Drawn towards hope and resilience
- Value deep connection
- Curious/Detective
- Communication
- IHLRN Conference in San Diego



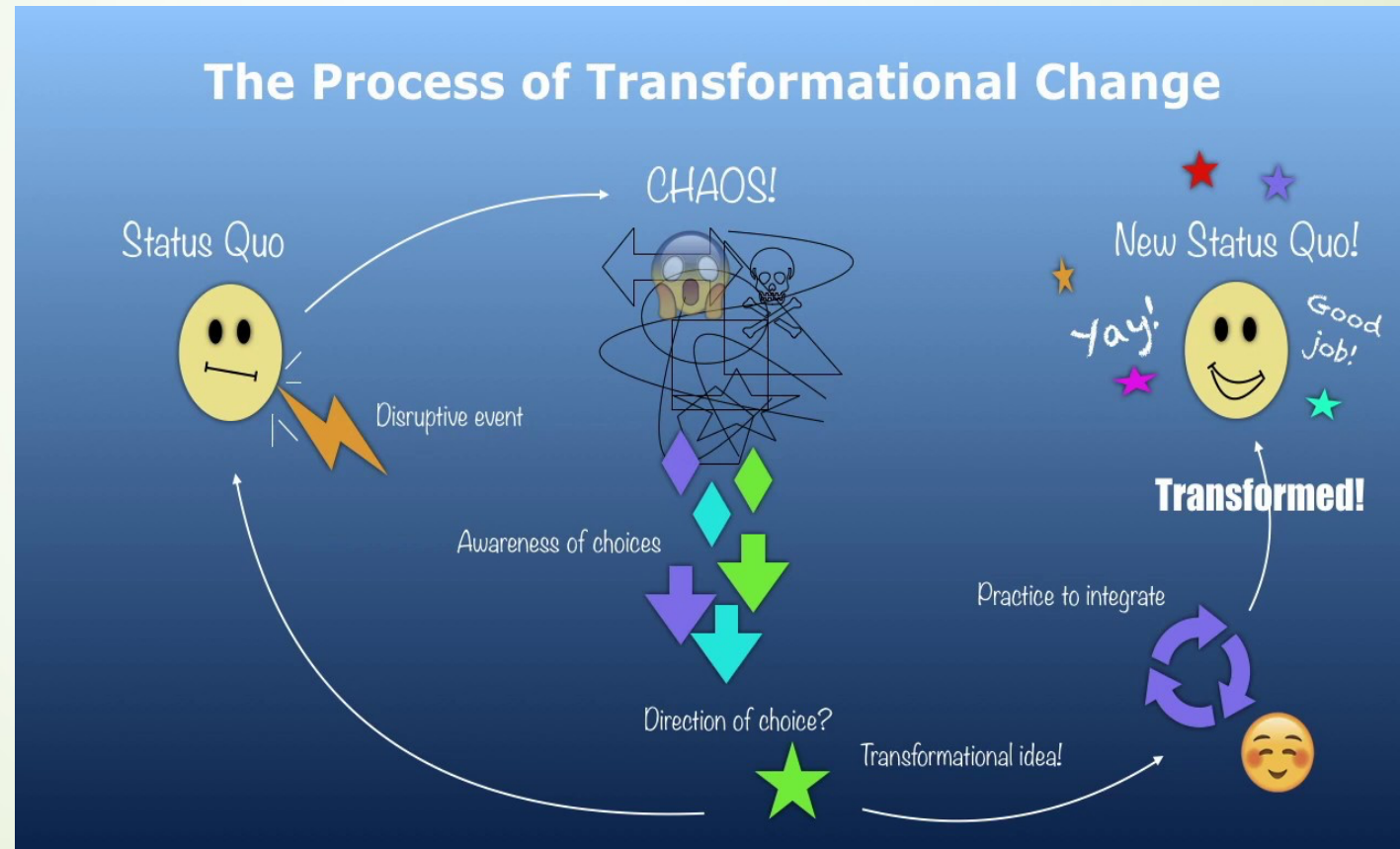
Satir Application

- Dissertation
 - Interviewed participants to explore success among Black graduate students at PWI. Satir was used as the theoretical model guiding my study.
- Therapist
 - Make contact, instill hope, reconnect with resources, curiosity, openness
- Educator
 - Make contact, openness, instill hope, curiosity

Placating	Blaming	Super-reasonable	Irrelevant	Leveler
				
				



Discussion of Change in Process





Small Group Discussion

- ▶ How has Satir's teachings had an impact on how you connect in the various areas of your life?
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