

Hokusai Says by Roger Keyes

Look carefully.

Pay attention.

Notice.

Stay curious.

There is no end to seeing.

Look forward to getting old.

Keep changing, you just get more what you really are.

Repeat yourself as long as it is interesting.

Keep doing what you love.

Keep praying.

Everyone of us is a child.

Everyone of us is an angel.

Everyone of us has a body.

Everyone of us is frightened.

Everyone of us has to find a way to live with fear.

Everything is alive: shells, buildings, people, fishes, mountains, trees...

Water is alive, everything has its own life.

Everything lives inside us.

Everything lives with the world inside you.

It matters that you care.

It matters that you feel.

It matters that you notice.

It matters that your life lives through you.

Contentment is life living through you.

Joy is life living through you.

Satisfaction is living through you.

Peace is living through you.

Don't be afraid, don't be afraid.

Look, feel; let life take you by the hand

Let life live through you.