**The "Stuff" of Dreams
by Heidi Waters**

**Heidi's presentation is about working with people who have visible and invisible barriers to overcome. The presentation will include stories and observations that have come from raising four people with unique challenges to adulthood and the beautiful souls who have helped us on the journey. We will practice some of Virginia Satir’s applicable techniques and share as a group. Her hope is that we can inspire one another and build on our hope as we see each other reaching for our dreams.

Heidi Waters
Baylor University BS in Education
Satir Coach
Marriage and Family Masters Student Abilene Christian University
28 years special needs parent

Mentoring and coaching young people with physical, social, and emotional challenges in their transition to adulthood is her passion. Heidi is a Satir Coach, educator, parent and teacher to her four children who are now adults. Her family has faced some unusually difficult storms that have caused them to get more serious about finding and using the silver lining in the clouds of life. She is so thankful for the blessings that come when we seek to reframe our struggles into opportunities and see the gifts ahead.**

[https://www.youtube.com/@tuckerssunshinestation7107](https://www.youtube.com/%40tuckerssunshinestation7107)

<https://www.facebook.com/profile.php?id=100071524570847&pageid=115014856552846&ftentidentifier=350137973040532&padding=0&paipv=0&eav=AfbfXojF-PclHHJTwhgGaPqCNdwzW7ZPVKl13LrwxcJF8tFJMW-2YsGOZOagh3fvNeE>

<https://cpathtexas.org/>

<https://cpathtexas.org/programs/the-green-machines/>

<https://www.youtube.com/watch?v=rM99paneTmw>

<https://www.youtube.com/watch?v=QQEKMkqyIis>

<https://www.youtube.com/watch?v=WljnK96XeQ8&t=40s>

<https://www.youtube.com/watch?v=5tzopJJVFb8>

Resources:

<https://www.dianealber.com/collections/spot-series?utm_source=google&utm_medium=paid&utm_campaign=12517230897&utm_content=120705078958&utm_term=diane%20alber%20spots&gadid=508680186616&gclid=Cj0KCQiA5NSdBhDfARIsALzs2EAjxhUmH7_c17T2pCOXxz03ifYKH5KxdprwjR1hiWFF25efYHppt2QaAg1MEALw_wcB>