

FAMILIES ACHIEVING SUCCESS



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OUR ORGANIZATION

- **OUR HISTORY** – Founded in 2016, originally named Women Achieving Success
- **OUR MISSION** – To empower, educate and motivate parents and their children to become self-sufficient and successful, through life skills education and mental health awareness.
- **OUR VISION** – To break the cycle of poverty, homelessness, trauma and abuse.
- **OUR GOAL** – To promote self-sufficiency, stability, mental wellness and resiliency in the entire family.
- **OUR LOCATION** – Is in Perris, CA, part of Riverside County, in the Southwest Region of California which is 124 km/77 miles away from Los Angeles, California
- **OUR TARGET POPULATION** – 90% of the individuals we services across all our program are Black, African American or Biracial



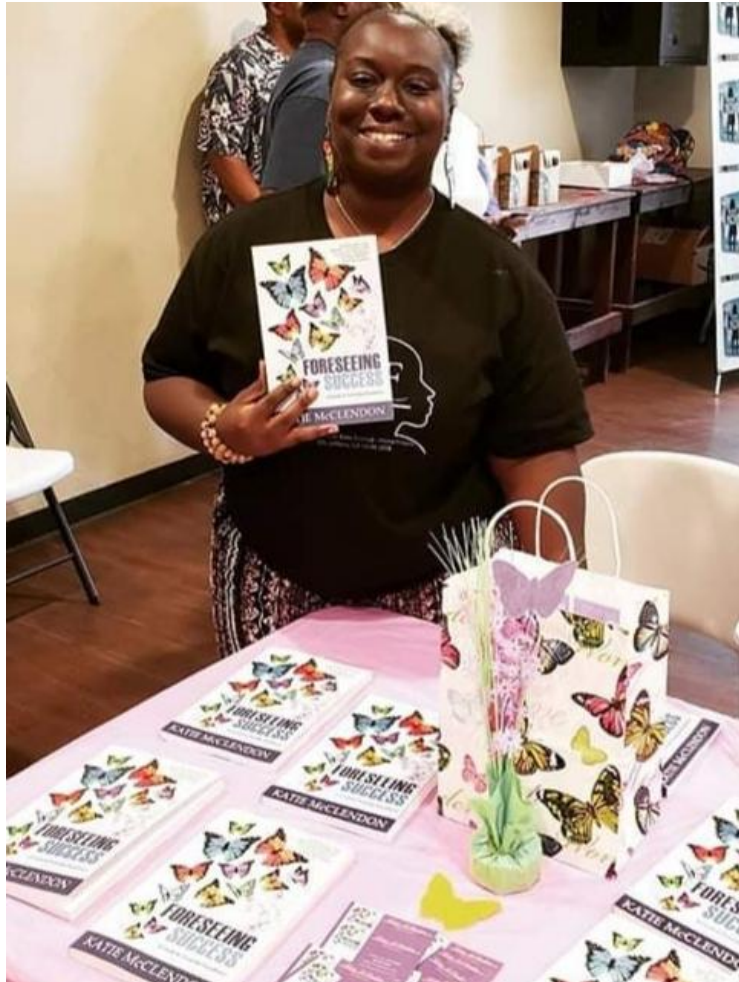
OUR WONDERFUL TEAM



Our Staff and our Board is comprised of **100%** African Americans/Black Professionals

YOUR PRESENTERS TODAY

THANK YOU FOR HAVING US!!!



- Katie McClendon is the Founder and CEO of Families Achieving Success
- Published Author of Foreseeing Success: A Guide to Daily Excellence
- Early Childhood Education Expert
- Associate's Degree in Child Development
- Bachelor's Degree in Liberal Studies with a Concentration in Psychology
- ASIST Certified Suicide Interventionist
- ICF Certified Professional Life Coach
- State of California Certified Domestic Violence Counselor

YOUR PRESENTERS TODAY

THANK YOU FOR HAVING US!!!



- Ginger Galloway in the Chief Operations Officer of Families Achieving Success
- Program Director for our BRAAF (Building Resilience in African American Families) Program
- Bachelor's Degree in Human Development with a Minor in English
- ASIST Certified Suicide Interventionist
- Certified Art Therapist
- Performing arts, visual arts, theatre and poetry teacher
- Published Author of 10 Books including 2 children's books, novels and journals



THE HEART OF FAMILIES ACHIEVING SUCCESS – OUR PROGRAMS

- ❖ **Brotherhood Circle and Sisterhood Circle**
- ❖ **BRAAF – Building Resilience in African American Families Program (which includes Guiding Good Choices, Rites of Passage, Parent Support Group and Family Empowerment)**
- ❖ **African American Book Festival Inland Empire**
- ❖ PEACH Club – Personal Enrichment and Achievement Program
- ❖ Positive Parenting Program
- ❖ Teach the Teacher Program
- ❖ Women Support Group
- ❖ Suicide Prevention and Mental Health Awareness Workshops



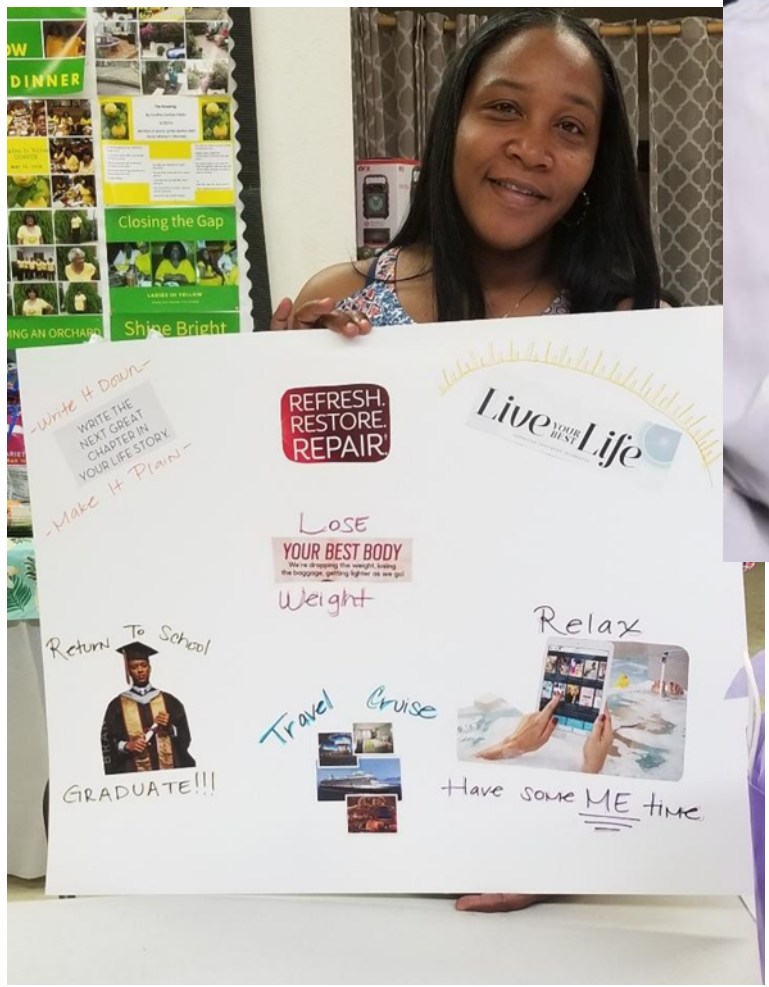


FAMILIES ACHIEVING SUCCESS ANTI-RACISM

- 1) We advocate for equity and inclusion within school districts
- 2) We teach African American students and parents to advocate for themselves
- 3) We help African American and Biracial students who are struggling with their identity
- 4) We teach students, parents, staff and teachers about microaggressions, racism, school culture and school climate
- 5) We bring attention to the school to prison pipeline, disproportionate test scores, suspension rates and low graduation rates
- 6) We dispel stereotypes and untruths about the African American culture
- 7) We educate teachers on how to engage with African American parents and families
- 8) We encourage school districts to support programs for African American students and to create an Anti-Racism Pledge/Policy or Equity Statements
- 9) We refer students to the Black Student Advocate, LLC when needed
- 10) We work closely with African American Success Committees, African American Parent Advisory Councils, Black Student Unions, The National Association for Advancement Colored People and other African American parenting and community groups



The Mamas



OUR IMPACT

Over the last 5 years Families Achieving Success has impacted and serviced over 700 families.



PARENT/FAMILY TESTIMONIALS



PARENT/FAMILY TESTIMONIALS



OUR VILLAGE

Our staff, the Babas and Mamas, create a safe space, build a village and become extended family for the communities we serve.



SCHOOL ADMINISTRATORS



STAFF TESTIMONIALS



OUR COMMUNITY



Families Achieving Success is currently servicing over 15 schools, in 5 School Districts and over 250 participants. Our Virtual Women's Support Group and Virtual Heart Wall now spans Countrywide.



YOUTH PROGRAMS

VIRGINIA SATIR LIVES THROUGH FAMILIES ACHIEVING SUCCESS

Families Achieving Success work embodies many of Satir's models, theories, techniques and principles.



THE MAGIC OF MINDFULNESS

“Life is not the way it's supposed to be, it's the way it is. The way you cope with it is what makes the difference” ~**Virginia Satir**



Families Achieving Success teaches students mindfulness techniques through our Mindfulness Monday Sessions. In our Positive Parenting Program we teach parents mindfulness and positive coping skills. We help participants decrease poor coping choices and be positive choice makers.

Students and families are taught to accept the moment just the way it is, without judgement. Participants are also encouraged to be congruent in their life.





KUUMBA

“Each morning when you wake up, bow three times before the mirror” and say, “The world is a better place because I am here.” ~**Virginia Satir**

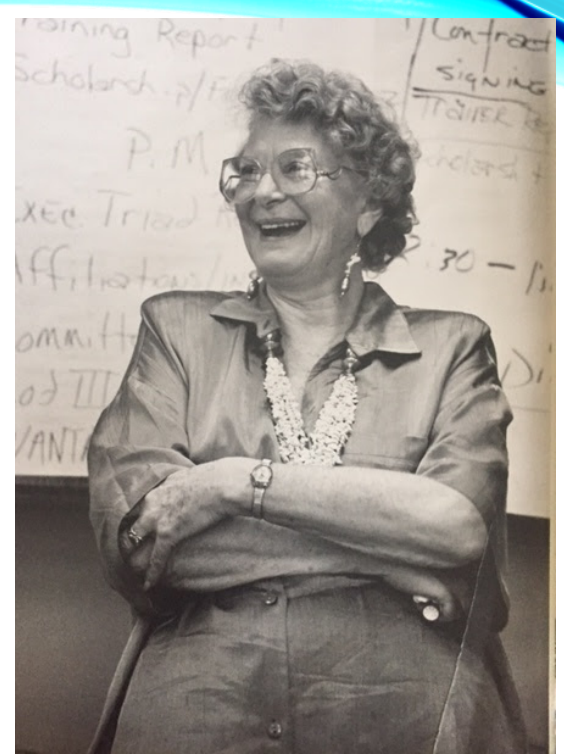
Families Achieving Success teaches our participants through the Principle of Kumbaba, that their presence should leave the world more beautiful and beneficial than they inherited it.

We encourage students and parents to utilize positive affirmations and positive self-talk daily. Our programs include affirmation circles, in which students affirm themselves and affirm each other.



TRANSFORMATION

“Our behavior reflects what we have learned. Learning is the basis of behavior. To change behavior, we need to have new learning.” ~**Virginia Satir**



Families Achieving Success programs teach participants new skills, tools and techniques to help them transform, become whole and have more positive behaviors. We help participants increase self-worth and self-esteem, be more responsible and be positive choice makers.



Our students and parents learn a variety of new skills and principles for living that we encourage them to use daily. We believe that all people can learn, grow and change.



INTERCONNECTEDNESS

“I believe the greatest gift I can conceive of having from anyone is to be seen by them, heard by them, to be understood and touched by them. The greatest gift I can give is to see, hear, understand and to touch another person. When this is done I feel contact has been made.” ~**Virginia Satir**



Families Achieving Success prides ourselves in seeing, hearing, understanding and nurturing our participants. Using the Principle of Interconnectedness we teach participants to build and maintain brotherhood, sisterhood and community.

In our program we use the call and response “Ago” and “Ame” which means “Do you hear me?” and “Yes, I hear you.” This is used to ensure that we are listening and being heard by one another. When the response “Ame” is given we know that contact has been made.



KUJICHAGULIA



“We must not allow other people’s limited perceptions to define us.” “I am Me. In all the world, there is no one else exactly like me.” ~**Virginia Satir**

Families Achieving Success teaches students to be their authentic self. Through the Nguzo Saba Principle of Kujichagulia (Self-determination) our students are taught to define themselves, name themselves, create for themselves and speak for themselves instead of being defined, named, created and spoken for by others.

FAS/SATIR

How do we help facilitate change?



OUR NEEDS

Families Achieving Success is in need of funding.



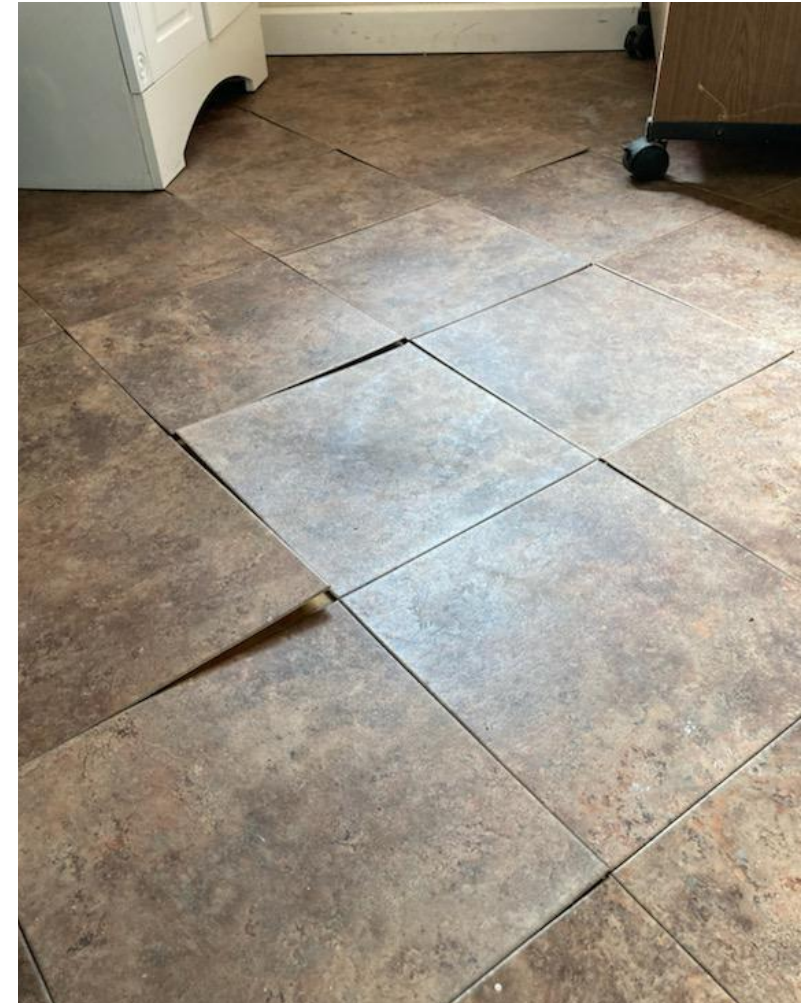


OUR CURRENT NEEDS

- We are currently renting a space from Eagles Wings Christian Church
- We are sharing the space with 3 other entities
- The building is old and continues to have maintenance problems
- The heating unit is not currently working and it is beginning to get cold in the evenings (students are at our facility daily until 7pm)
- The plumbing is not adequate
- The sinks are leaking
- The ceiling in the men's bathroom is leaking and has a hole in it



OUR FACILITIES CURRENT CONDITIONS



OUR FUTURE WITH VIRGINIA SATIR



Our programs align with the theories of Virginia Satir. We want to become affiliates and certified trainers to promote Satir throughout the Inland Empire.



OUR DREAM

- ❖ A new facility for our students, families and staff
- ❖ Two 15 passenger vehicles to transport participants
- ❖ An area in our facility dedicated to Virginia Satir
- ❖ We would become Satir Affiliates and Certified Satir Trainers/Coaches
- ❖ To share the Satir Model throughout Riverside County
- ❖ To educate teachers, school staff and the community about Satir



OUR DREAM WITH YOUR HELP





Thank You!